GOVERNMENT OF MEGHALAYA

Department of Planning, Investment Promotion & Sustainable Development Department

Meghalaya Basin Management Agency



Meghalaya Multisectoral Project for Adolescent Wellbeing, Empowerment and Resilience (MPOWER) (P507066)

Draft Stakeholder Engagement Plan (SEP)

12 November 2024

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List of Acronyms

ADC Autonomous District Council
APD Additional Project Director
DOE Department of Education

DPIPSDD Department of Planning, Investment Promotion & Sustainable Development

Department

DPMU District Project Management Unit
DSYA Department of Sports and Youth Affairs

E&S Environmental and Social

EHS Environmental Health and Safety
ESS Environmental and Social Standards

FGD Focus Group Discussion

FPIC Free Prior and Informed Consent

GBV Gender Based Violence
GoM Government of Meghalaya
Gol Government of India

GPN Good Practice Note

GRM Grievance Redressal Mechanism
NGO Non-Governmental Organisation
OHS Operational Health and Safety

PD Project Director

PAP Project-Affected Person

PDO Project Development Objective POM Project Operational Manual PRA Participatory Rapid Appraisal

SC Schedule Caste

SEA/SH Sexual Exploitation and Abuse & Sexual Harassment

SEP Stakeholder Engagement Plan SPMU State Project Management Unit Sub-PMU Sub Project Management Unit

ST Schedule Tribe
WB The World Bank
YF Youth Facilitator

1. Introduction

1.1. Project Context

The "Multisectoral Project for Adolescent Wellbeing, Empowerment and Resilience (MPOWER)" project proposes a set of coordinated multi-sectoral interventions that will strengthen the capability of the State of Meghalaya to empower adolescent boys and girls, aged 10 to 19. These multi-sectoral interventions will strengthen human capital, and support transition from school to productive work. The goal of the Project is to promote well-being and empowerment of adolescents and to strengthen their productivity and resilience so that they can contribute fully to the sustainable economic growth of the State. In order to achieve the above goals, the Project would support initiatives to strengthen adolescents' life skills, physical and reproductive health, and career aspirations.

1.2. Project Development Objective

The Project Development Objective (PDO) is to enhance multi-sectoral service delivery and capability of the State of Meghalaya to improve adolescents' human capital outcomes.

1.2.1. PDO Level Indicators

- Adolescents reporting increased well-being¹ (Percent; sex disaggregated)
- Reduction in the drop-out rate of adolescents in secondary education (Percent; sex disaggregated)
- Adolescents (in school, out-of-school) receiving life-skills and mental health education (Number; sex disaggregated)
- Multisectoral Competency and Wellbeing Framework for adolescents adopted and implemented by GoM.

1.3. Project Components

1.3.1. Component 1: Learning Mission, Life Skills, and Career Preparation in Schools (US\$24.3 million)

This component will focus on improving human capital outcomes for adolescents in upper primary (grades 6-8), secondary (grades 9-10), and higher secondary (grades 11-12) government and government-aided schools in the state. This component will support three inter-related activities, and the detailed procedures and implementation modalities for this component will be described in the Project Operations Manual (POM):

- a) Learning Mission for adolescents in upper primary grades. To improve learning outcomes for adolescents in grades 6-8, the project will support a learning mission to fill the gaps in their foundational literacy and numeracy skills. For the learning mission, the project will support: (i) the development and distribution of teaching-learning materials for teachers, students, and volunteers on remedial learning; (ii) the training of upper primary teachers; and (iii) a performance-based contract for an agency to support training of teachers, and implementation and supervision of the learning mission.
- b) Life skills education through classroom sessions and in-school adolescent clubs. The project will support the delivery of life skills education to adolescents through classroom sessions led by trained

¹ life skills, mental health, Sexual Reproductive Health, and employability

teachers and in-school adolescent clubs led by a trained Youth Facilitator (YF). Life skills in classrooms will be delivered using curricula based on the multisectoral competency and wellbeing framework developed under Component 3, while in adolescent club settings, the project will utilize an activity-centric curriculum, such as environment, sports, theatre, defense, music etc. The project will support: (i) the development of curricula and materials for use in classrooms and clubs; (ii) the establishment and operation of in-school adolescent clubs; (iii) the development of operational guidelines for clubs; (iv) the engagement and training of unemployed youth/students as Youth Facilitators, Skill Coaches and Student Peer Leaders; (v) the training of teachers, adolescent health counsellors, medical officers; (vi) the materials, equipment and operations support for these clubs; and (vii) the events/gatherings for adolescents to facilitate sharing and learning, among others.

c) Academic counselling and career readiness interventions. Academic counseling and career readiness interventions will be provided by a selected pool of trained teachers. The career readiness interventions will complement academic counseling and life skills education to support students to explore both traditional and emerging career opportunities and to form realistic career aspirations. Specifically, the project will support: (i) the training of selected teachers; (ii) the design and delivery of group-based information and counseling sessions along with career exposure; (iii) the virtual or in-person interactions in school with professionals from various fields; and (iv) the interactive activities including field visits to observe workplaces and interact with professionals and "career days" at upper primary schools.

1.3.2. Component 2: Community Interventions and pathways for out-of-school adolescents (US\$18million)

This component will focus on improving human capital outcomes for out of school adolescents and creating an enabling environment for them through active engagement and capability building of their parents, community members, and frontline workers. It will also support setting up of a "Hub and Spoke Model" of community-based service delivery through the network of Community Clubs (located at the cluster of villages) and Youth Centres (located at Block levels). This component will support four related activities, and the detailed procedures and implementation modalities for this component will be described in the POM:

- a) Community Clubs. The Meghalaya Youth Policy 2021 envisions setting up youth clubs throughout the State that will provide youth with a space to avail services offered to them on health and wellbeing, skill development, counselling, volunteering and employment opportunities etc. The project will finance: (i) the establishment and operation of one community-level adolescent clubs at the cluster of five-six villages; (ii) the development of operational guidelines and curricula; (iii) the engagement and training of unemployed youth as YF, Skill Coaches and Peer Leaders; (iv) materials and equipment for these clubs; (v) annual cash grants to each community Club for social and productive activities; and (vi) community reading programs using the community adolescent clubs and existing Anganwadi Centers (AWCs). Each community club will work closely with the Block level Youth Centres (established under component 3(b)) following a hub and spoke model. The YF will serve as a mentor and will lead selected club activities at a cluster of five clubs including life skills education with the help of a peer leader from each club. The YFs will be brought on board through a work-place-based training and certification modality for two years, with a fresh batch of YF enrolled every 2 years during the project period.
- b) Community sensitization and capacity building. Better information sharing and capacity building of major stakeholders help create an enabling community environment for implementing innovative interventions. Towards this, the project will support: (i) the development of the development of a communication strategy and IEC campaign focused on working closely with parents and other

community groups, including men and boys; (ii) the development of edutainment models using innovative digital platforms, like Web-Series, Webcomics, Chatbots, and social media, among others; (iii) the setting up of local parent-family support groups as a safe space for parents for sharing, learning and supporting each other; (iv) the development of training strategy, standardized materials and plan for the capacity building for service providers and stakeholders, including members of VHCs, Medical Officers, RKSK and SHWP functionaries, and other community institutions, frontline workers (ANMs, ASHAs, AWWs, Adolescent Counsellors, etc.), parent groups, among others; and (v) the additional outreach to minority groups and vulnerable populations through VHCs, such as teen parents and persons with disabilities, to encourage them to join.

c) Educational and Economic Pathways for out-of-school adolescents: To facilitate the completion of secondary education and/or market-linked skills training (wage and self-employment) for a subset of out-of-school adolescents, who complete life-skills education at the community clubs, the project will support/facilitate: (i) appropriate bridge education for mainstreaming into regular school or non-formal education; (ii) psychometric assessment for competency based selection and assignment into business/vocational skills training; and (iii) enrolment in vocational and/or business skills training for out-of-school adolescents in collaboration with MSSDS, Prime Hub, among others.

1.3.3. Component 3: State Capability and Program Management (US\$20.2 million)

This component will focus on strengthening the institutional capacity of the state for improved coordination, governance, and outreach, set up Youth Centres as Block level hubs for adolescents and youth, and support improved management of data, and day to operation and management of the project. This component will also support adolescent girls in completing the secondary education cycle through academic counselling, development of a multisectoral competency and wellbeing framework, and facilitating safe spaces for young girls. The detailed procedures and implementation modalities for this component will be described in the POM.

- a) Development of a Competency and Wellbeing Framework for Adolescents: Supporting adolescent development and well-being requires a coordinated multisectoral response. Recognizing this, the project will support the development of a competency and well-being framework for adolescent empowerment that will identify benefits from across departments that contribute to age-based competencies and adolescent well-being outcomes. The competencies and therefore, the curricula will be segmented by age to meet the different learning needs of younger versus older adolescents. The framework will cover three themes life skills and mental health awareness, sexual and reproductive health, gender-based violence (GBV), and careers and aspirations. In particular, the project will support: (i) the development of an inter-departmental Multisectoral Framework for Action for the adolescent wellbeing; (ii) the review of existing life skills and career readiness curricula available within and outside India; (iii) the development of a competency matrix and curriculum framework along with relevant guidelines; (iv) the design and printing of curriculum framework and guidelines; (v) the training of teachers and other stakeholders for facilitating the rollout of the curriculum; and (vi) the monitoring and rollout of the curriculum framework in schools and clubs (both in-school and community clubs).
- b) State Capability, innovations and Youth Centres²: The focus will be on strengthening the institutional capacity of the state, including district and village level institutions involved in adolescent well-being, resilience, employability and service delivery. Towards this, the project will

² GoM has set up Chief Minister's Youth Centres (CMYCs) in 20 locations that are self-designed learning spaces and open platform equipped with computers, tinkering tools, libraries, etc. to act as alternative learning platforms for communities, especially youth and adolescents.

support: (i) the establishment of a State Centre/Lab for Adolescents and Youth that will lead the overall agenda of state capability and institutional strengthening, including relevant institutional assessments, functional reviews and piloting of user centric-service delivery approaches, and training of service providers for adolescents in selected districts, villages, and schools; (ii) the development of a State youth employment strategy; (iii) the strengthening of existing Chief Minister's Youth Centres (CMYCs) or setting up new Youth Centres in selected locations as Block level hubs; and (iv) an innovation window for the design, piloting, and evaluation of innovative models, for improving human capital outcomes for adolescents in Meghalaya.

c) Project Management, Monitoring and Information System. The project will provide day-to-day implementation and operational support to GoM to efficiently implement and supervise the project at all levels. The project will finance costs pertaining to: (i) the day-to-day operations and management of the project; (ii) the development of the manuals and field implementation guidelines for the learning mission, life skills education, in-school and community adolescent clubs, among others; (iii) the development of a monitoring and evaluation plan; (iv) the evaluation activities including rigorous impact evaluations, periodic need-based process evaluations, baseline, mid-term and end-term surveys, among others; (v) the deployment of a State Information Management Platform including, a Project Management Information System (PMIS), an interactive web-portal for adolescents, and a digital State Skills Registry along with the relevant standards and protocols for data security and privacy; and (vi) the development and deployment of grievance redressal mechanisms (GRM).

1.3.4. Component 4: Contingent Emergency Response Component (CERC) (US\$0 million)

This component will support an immediate response to an eligible crisis or emergency, as needed.

2. Objective/Description of Stakeholder Engagement Plan (SEP)

The overall objective of this SEP is to define a program for stakeholder engagement, including public information disclosure and consultation throughout the entire project cycle. The SEP outlines the ways in which the project team will communicate with stakeholders and includes a mechanism by which people can raise concerns, provide feedback, or make complaints about project activities or any activities related to the project.

3. Stakeholder identification and analysis

3.1 Methodology

In order to meet best practice approaches, the project will apply the following principles for stakeholder engagement:

- Openness and life-cycle approach: Public consultations for the project(s) will be arranged during the
 whole life cycle, carried out in an open manner, free of external manipulation, interference,
 coercion, or intimidation.
- Informed participation and feedback: Information will be provided to and widely distributed among all stakeholders in an appropriate format; opportunities are provided for communicating stakeholder feedback, and for analysing and addressing comments and concerns.
- Inclusiveness and sensitivity: Stakeholder identification is undertaken to support better communications and build effective relationships. The participation process for the projects is inclusive. All stakeholders at all times are encouraged to be involved in the consultation process. Equal access to information is provided to all stakeholders. Sensitivity to stakeholders' needs is the key principle underlying the selection of engagement methods. Special attention is given to

vulnerable groups that may be at risk of being left out of project benefits, particularly women, the elderly, Persons with Disabilities, displaced persons, and migrant workers and communities, and the cultural sensitivities of diverse ethnic groups.

• Flexibility: If social distancing, cultural context (for example, particular gender dynamics), or governance factors (for example, high risk of retaliation) inhibits traditional forms of face-to-face engagement, the methodology shall adapt to other forms of engagement, including various forms of internet- or phone-based communication.

3.2. Affected parties and other interested parties3

Affected parties include local communities, community members, and other parties that may be subject to direct impact from the Project. Specifically, the following individuals and groups fall within this category:

- Adolescents
- Young mothers
- Parents
- Teachers
- Youth clubs
- Sports clubs
- Schools/College
- Youth Facilitator (YF)
- Student Peer leaders (Captains)
- Sexual and Gender Minorities, Migrants, Non-Tribals and other Minorities
- Department of Planning, Investment Promotion & Sustainable Development Department (DPIPSDD)
- Department of Education (DoE)
- Department of Sports and Youth Affairs (DSYA)
- Department of Health & Family Welfare (DoHFW)

The projects' stakeholders also include parties other than the directly affected communities, including NGOs

- MBMA staff
- State Project Management Unit (SPMU) Staff Sub-Project Management Unit (Sub-PMU)
 Staff
- District Project Management Unit (DPMU) Staff
- NGOs with interest related activities Rehabilitation of persons with Substance/ Alcohol addition, Persons with Disabilities (PwDs)
- Vendors supplying goods and equipment and small contractors for any other works

³ For the purposes of effective and tailored engagement, stakeholders of the proposed project are divided into the following core categories:

Affected Parties: Persons, groups, and other entities within the Project Area of Influence (PAI) that are directly influenced
(actually or potentially) by the project and/or have been identified as most susceptible to change associated with the
project, and who need to be closely engaged in identifying impacts and their significance, as well as in decision-making on
mitigation and management measures.

[•] Other Interested Parties: Individuals/groups/entities that may not experience direct impacts from the Project but who consider or perceive their interests as being affected by the project and/or who could affect the project and the process of its implementation in some way.

[•] **Vulnerable Groups:** Persons who may be disproportionately impacted or further disadvantaged by the project compared with any other groups due to their vulnerable status, and that may require special engagement efforts to ensure their equal representation in the consultation and decision-making process associated with the project.

- Media groups and Academia
- Public at large

3.3. Disadvantaged/vulnerable individuals or groups⁴

Within the Project, vulnerable or disadvantaged groups may include but are not limited to the following:

Table 1: Vulnerable Groups

S. No.	Possible vulnerable groups	Barriers to accessing information and/or project benefits
1	Persons with Disabilities	Possible exclusion during project planning and implementation, and
		in accessing benefits, due to lack of access to infrastructure and information.
2	Sexual and Gender Minorities	Possible exclusion during project planning and implementation, and accessing benefits due to social stigma
3	Sex workers (inclusion of these in the project to be reviewed)	Indifference behaviour from community, possible exclusion during project planning and implementation, and accessing benefits due to social stigma
4	Substance addicts	Indifference behaviour from community, lack of interest, possible exclusion during project planning and implementation, and accessing benefits due to social stigma
5	Non-Tribals and other minorities	Possible exclusion during project planning and implementation, and accessing benefits due to nativity

As per the Census 2011, the state has a total of 44,317 Persons with Disabilities, approximately 1.49% of the total population. Out of these 44,317 Persons with Disabilities, 17,413 (9286 Male and 8127 Female) are of age 19 years and below. Under the component 2 of the project, the communities would be sensitized to the barriers, constraints and challenges faced by the Persons with Disabilities. The project would draw support from various government programs and institutions in addressing these issues. The Project's capacity building curriculum and content to be made available will be in an accessible form to the Persons with Disabilities.

All vulnerable groups within the communities affected by the Project may be added, further confirmed, and consulted through dedicated means, as appropriate. Description of the methods of engagement that will be undertaken by the project is provided in the following sections.

4. Stakeholder Engagement Plan

4.1. Summary of stakeholder engagement done during project preparation

During project preparation, a total of about 380 stakeholders were consulted across 7 districts in 29 consultation meetings (in months of March/April 2023 and October/November 2023). These are conducted with the participation of various stakeholders mentioned above at selected locations across the state. The project information, project objectives, various project components and

⁴ It is particularly important to understand whether project impacts may disproportionately fall on disadvantaged or vulnerable individuals or groups, who often do not have a voice to express their concerns or understand the impacts of project, and to ensure that awareness raising and stakeholder engagement be adapted to take into account such groups' or individuals' particular sensitivities, concerns, and cultural sensitivities and to ensure a full understanding of project activities and benefits. Engagement with vulnerable groups and individuals often requires the application of specific measures and assistance aimed at the facilitation of their participation in the project-related decision making so that their awareness of and input into the overall process are commensurate with those of other stakeholders.

activities, various stakeholder groups involved, implementation arrangements, potential impacts of the project (exclusion, lack of access, etc.), benefits of the project, role of the stakeholders, and challenges related adolescent age and multisectoral approaches to build skills and human capital were explained to the participants. After the presentations about the project, the participants gave their feedback. Feedback received during consultations was taken into account by the project to be incorporated into the design. A summary of the main recommendations received and integrated into the Stakeholder Engagement Plan is provided in Annex 1.

4.2. Summary of project stakeholder needs and methods, tools, and techniques for stakeholder engagement

Different engagement methods are proposed and cover different stakeholder needs as stated below:

4.3. Stakeholder engagement plan

Table 2: Stakeholder Engagement Plan

Project Stage	Estimated Date/Time Period	Topic of Consultation/ Message	Method Used	Target Stakeholders	Responsibilities
Preparatory Phase	During planning phase	 Project design, scope, approach, benefits, timelines, progress Grievance management process 	 Face-to-face meetings Official letter or notification Workshops and trainings IEC Materials5 Wall writing and paintings 	 Project primary stakeholders Local Community/Yout h/Cultural clubs Technical Institutes CBOs NGOs Rehab Centre ADC District officers of DOE/DoHFW/DSYA 	SPMU Sub-PMUs DPMUs
Implementa tion Phase	During Implementation	 Information on project activities and timelines Prior information schedules Grievance redressal management - tools and its usage Provisions in place for vulnerable groups, Persons with Disabilities, sexual and gender minorities, etc. Specific design interventions for vulnerable and disadvantaged 	 Phone calls Letters to stakeholder groups One to One meetings Focus Group Discussion Murals and paintings Signboards Notice boards in Common places and community centre Youth club Meetings Cultural Meeting Meetings with local NGO representatives 	 Students Parents Youth clubs Vulnerable Disadvantaged Local Community NGOs/ CBOs 	SPMU Sub-PMUs DPMUs

⁵ The IEC material preparation will take into account the language, culture, gender, age, literacy, location, etc. of each stakeholder group.

		• GBV/ SEA and mitigation measures			
Withdrawal Phase	Post Implementation	 Project Monitoring Project outcomes and results GRM monitoring 	 Focus Group Discussion Meetings Youth Clubs meetings Cultural Meets Meetings with local NGO representatives 	 Students Parents Youth/cultural cubs Vulnerable Disadvantaged Village Community 	District Offices Community/You th/cultural/ sports clubs

Information will be disclosed through Grievance Mechanism (GM) procedures; project orientation meetings; regular updates on project developments, public notices, press releases, Project website, consultation meetings, information leaflets and brochures, separate focus group meetings with vulnerable groups, Press release, Op-Eds, newsletters, Field visits meetings, etc. The information will be disclosed in the local language. A Stakeholder Workshop will be held to disclose and seek feedback on the draft Environmental and Social Management Framework (ESMF), Stakeholder Engagement Plan (SEP), and Labour Management Procedures (LMP), following which the ESF documents will be finalized and re-disclosed on the DPIPSDD website (including the World Bank external website). The information will be disclosed through all possible means, ranging from face-to-face meetings with the project stakeholders, distribution of hard copies, posters, leaflets, and brochures, and DPIPSDD website and local media in local language, so that the documents are accessible to all project beneficiaries of the project, including those in residing in the remote areas.

4.4. Reporting back to stakeholders

Stakeholders will be kept informed as the project develops, including reporting on project environmental and social performance and implementation of the stakeholder engagement plan and Grievance Mechanism, and on the project's overall implementation progress.

5. Resources and Responsibilities for implementing stakeholder engagement activities

5.1. Resources

The SPMU will be in charge of stakeholder engagement activities, while the Sub-PMUs and DPMUs implement the stakeholder engagement activities at District level. The budget for the SEP is ₹ 10 Crore and is included in project management component of the project.

Table 3: Budget for SEP

Budget Category		Unit Costs, ₹	Times/ Years/ Months	Total Costs, ₹
1. Estimated staff salaries* and related expenses				
1a. Field Staff Costs (2 per district for 5 years)	12	25,000	60	18,00,000
1b. Travel Costs for field staff	12	5,000	60	36,00,000
1c. Other allowances to field staff		2,000	60	14,40,000
2. Events				
2a. Village Level Workshop (5 per district per year)	60	15,000	5	45,00,000

Say					
TOTAL STAKEHOLDER ENGAGEMENT BUDGET:					
7a. Miscellaneous (lumpsum @ 10%)				89,94,000	
7. Other expenses					
6c. Improvements to GRM (lumpsum)	1	50,00,000	1	50,00,000	
6b. Suggestion boxes in villages/ Blocks (25 Per district)	300	2,000	1	6,00,000	
6a.Training of VHC/ ADC members (Per district)	12	1,00,000	5	60,00,000	
6. Grievance Mechanism					
5b. End-of-project perception survey (one time)	1	1,00,00,000	1	1,00,00,000	
5a. Mid-project perception survey (one time)	1	1,00,00,000	1	1,00,00,000	
5. Beneficiary surveys					
4a. Training on social/environmental issues for SPMU, Sub-PMUs, DPMUs and field staff]	12	1,00,000	5	60,00,000	
4. Trainings					
3c. Newsletters (per district)	12	1,00,000	5	60,00,000	
3b. Social media campaign (per state)	1	10,00,000	5	50,00,000	
3a. IEC Material (Posters, Flyers, wall writings, hoardings, etc.)	12	2,00,000	5	1,20,00,000	
3. Communication campaigns					
2c. District level workshops (5 per district per year)	60	35,000	5	1,05,00,000	
2b. Block level workshops (5 per district per year)	60	25,000	5	75,00,000	

The Budget is indicative and tentative.

5.2. Management functions and responsibilities

The entities responsible for carrying out stakeholder engagement activities are with State Project Management Unit (SPMU) at Meghalaya Basin Management Authority (MBMA) under Department of Planning, Investment Promotion and Sustainable Development, Sub Project Management Units (Sub-PMUs) at Department of Education, Department of Health & Family Welfar (DOHFW) and Department of Sports and Youth Affairs and District Project Management Units (DPMUs) under MBMA at the districts. The stakeholder engagement activities will be documented through a Stakeholder Engagement Management System (SEMS), which would be developed for the project, which involves stakeholders and community engagement operations, collecting and processing of grievances, and maintaining database SPMU.

Table 4: Management Functions and Responsibilities

Agency / Individual	Roles and Responsibilities
State Project	Approve the content of the draft SEP (any revisions)
Management – SPMU	 Approve prior to release, all IEC materials used to provide information associated with the project (communication material, PowerPoint, posters, leaflets and brochures, TV and radio insertions) Approve and authorize all stakeholder engagement events and disclosure of material to support stakeholder engagement events
Sub-PMUs under DOE/DOH/DSYA District Project	 Provide overall guidance and monitoring supervision to the SEP process Prepare and provide appropriate stakeholder specific IEC and
Management Units	communication material, information required to be disclosed to different stakeholder categories

	 Finalize the timing and duration of SEP related information disclosure and stakeholder engagement Orient the Field level staff on SEP and requirements for its operationalization
Schools, Youth Clubs with Frontline workers at block and village level	 Prepare and customize to block requirements the IEC and communication material provided by the District Level Office, and the information required to be disclosed to different stakeholder categories Ensure that all material/ strategies developed are culturally appropriate and available in easily comprehensible form to stakeholders (based on their profile and their information needs). Finalize the timing and duration of SEP related information disclosure and stakeholder engagement Participate either themselves, or identify suitable representative, during all face-to face stakeholder meetings Review and sign-off minutes of all engagement events; Maintain the stakeholder database. Assure participation/ inclusion of stakeholders from vulnerable groups

6. Grievance Mechanism (GM)

The main objective of a GM is to assist to resolve complaints and grievances in a timely, effective, and efficient manner that satisfies all parties involved. The project places special emphasis on transparency, accountability, openness and disclosure of information to the community. In keeping with above principles, wide spread disclosure of information through wall writings, paintings, hoardings, awareness generation campaigns, TV/ Radio programmes, publications, District/ Block level workshops, etc. will be carried out. The dedicated project website, which will be developed and updated regularly with the latest weekly/ monthly status of activities of the project. The details of the proposed GRM will be included in the Project Operations Manual (POM).

A mobile based application will be developed and used at community level to capture and feed data into the Management Information System of the SPMU. A toll-free Helpline number will also be established to make the mechanism widely accessible and gender friendly.

A website for registering complaints at megpgrams.gov.in is available. Citizens can lodge their grievances online by clicking on the lodge grievance menu. They then need to select the Department to which the grievance pertains to, provide personal details and enter specific details about the Grievance and if required, upload related scanned documents. A successful registration of grievance will generate an acknowledgement with a unique registration number which will be received by the complainant in the form of an SMS. This registration number can be used for tracking the status of the grievance, for sending reminders and for viewing the action status.

As part of Public Grievance Redressal Mechanism, CM's WhatsApp number (+91 94363 94363) "Connect to be Heard" is established to make the mechanism widely accessible. The format to be filled as:

- Do you wish to disclose your identity? Reply in 'Yes' or 'No'
- Name
- Nature of Complaint
- Department Concerned
- Location (Village/Town/District)

Picture or Video if any

In addition to the above, a template to share grievances is provided on the MBMA website, however only in English. However, the HR team will update the same in other dialects as well. In the state each project has an appointed Point Of Contact for the grievance cell. Likewise, one person from MPOWER will be appointed at the state level. Currently the grievances are captured on the website locally; the district and block teams manage/ redress the grievances and escalate to the state as per need.

6.1. Description of GM

Table 5: Description of GRM Process

Step	Description of Process	Time Frame	Responsibility
Grievance Redress Mechanism implementation structure	As described above		
Grievance uptake	 Grievances can be submitted via the following channels: E-mail Online through Mobile Application Toll Free Number Letter to Grievance focal points at local facilities Complaint form to be lodged via any of the above channels Walk-ins may register a complaint in a grievance logbook at a facility or suggestion box 	A maximum of 30 days	District staff of DPMUs
Sorting, processing	Any complaint received is forwarded to DPMUs, Logged in Grievance Register, and categorized according to the complaint types	Upon receipt of complaint	Local grievance focal points
Acknowledgment and follow-up	Receipt of the grievance is acknowledged to the complainant by DPMUs	Within 2 days of receipt	Local grievance focal points
Verification, investigation, action	Investigation of the complaint is led by DPMUs. A proposed resolution is formulated by DPMUs and communicated to the complainant.	Within 10 working days	Complaint Committee composed of DPMU
Monitoring and evaluation	Data on complaints are collected in Grievance Registers and reported to SPMU every month		SPMU Sub-PMUs
Provision of feedback	Feedback from complainants regarding their satisfaction with complaint resolution is collected by DPMUs		DPMUs
Training	Training needs for staff/ consultants in the SPMU/ DPMUs are, a) awareness on GRM, b) procedures for GRM and c) Recording and reporting on Grievances		SPMU Sub-PMUs

Step	Description of Process	Time Frame	Responsibility
If relevant,	Payment of reparations following		SPMU
payment of	complaint resolution will be		Sub-PMUs
reparations	documented and signed by both		DPMUs
following	parties on receipt of the amount.		
complaint	Payment of reparation related to		
resolution	employee accidents and fatalities will		
	be undertaken as per the		
	requirements of the Employee/		
	Worker Compensation Act, 1923.		

The GM will provide an appeals process if the complainant is not satisfied with the proposed resolution of the complaint. Once all possible means to resolve the complaint have been proposed and if the complainant is still not satisfied, then they shall be advised of their right to legal recourse.

When relevant, the project will have other measures in place to handle sensitive and confidential complaints, including those related to Sexual Exploitation and Abuse/Harassment (SEA/SH) in line with the World Bank ESF Good Practice Note on SEA/SH.

The Labour Grievance Mechanism, will be constituted for each of the contract packages and the workers can use the same. The Labour Grievance Mechanism is described in detail in the Labor Management Procedures.

At district level, the DPMUs will be sensitized to take up any workers related Grievances and support the project in monitoring the vendors/ contractors' performance on OHS and labour and working conditions. At DPMU Level, the District Coordinators will be the grievance officer for workers, who will report on the status of workers grievances in their respective DPMUs. At SPMU Level, a Monitoring & Evaluation specialist will be the grievance officer for workers, who will report on the status of workers grievances.

The World Bank and the Borrower do not tolerate reprisals and retaliation against project stakeholders who share their views about Bank-financed projects.

7. Monitoring and Reporting

7.1. Summary of how SEP implementation will be monitored and reported.

The MPOWER Project will adopt the following mechanisms to manage stakeholder feedback and comments, and to report back to the stakeholders:

- MPOWER will ensure that feedback and comments received through emails, web portal and telephone numbers are acknowledged by registering them in a logbook and will be addressed in an appropriate and timely manner.
- A periodic review of the implementation of the SEP will be undertaken at the SPMU. Sub-PMUs and DPMUs and reflected in periodic progress reports submitted to the SPMU at the state level. The information collated will be published and disclosed by the DPIPSDD. The report will contain, among others, summary information on Project achievements against targets, condition/ status of works, cursory future plans, and grievances received versus resolved.
- MPOWER will monitor the following indicators:
 - Number of consultation meetings and other public discussions/ forums conducted within a reporting period (monthly/quarterly/annually)

- Number and types of IEC materials developed and disseminated
- Number of training events conducted on SEP implementation, GRM, worker and community health and safety, etc. and number of participants (male/female/vulnerable and disadvantaged)
- Number and type of grievances received within a reporting (monthly/quarterly/annually) and number of those resolved within the prescribed timeline
- Types and no. of awareness creation/information dissemination activities held on GRM, GBV, etc.
- Number of community consultation for citizen feedback conducted during project implementation. No. of participants in each consultation (gender disaggregated data)
- o Number of project information boards with GRM details displayed at the project sites.
- Further, the SEP will continue to incorporate new issues that have come to light, and concerns
 and queries raised by the stakeholders during the project implementation. It will also provide
 information on how the feedback has been considered and addressed by MPOWER.
- Prior to sub-project preparation/ environmental and social impact assessments for the sub-projects, if any, participatory tools such as transect walks may be adopted to identify issues and its impact will be discussed with members of the local community present.
- Public engagement events will also be conducted at the district level during the sub-project preparation phase. Events' attendees will include affected communities, local government representatives (respective district officials, village leaders, and women), local civil society organizations representatives, press and media, local businesses, and DOE/DOH/ DSYA office representatives. The events will explain the scope of the project, activities, estimated costs, requirements on the part of the communities, issues related to workers/ participants, and gender-based violence, occupational health and safety (OHS), and environmental and social risk mitigation measures.
- In addition, a beneficiary satisfaction survey will be carried out by independent consultants to be onboarded by MPOWER. The first survey will be conducted after two years of implementation, and the second survey during the last year of implementation.

7.2. Reporting back to stakeholder groups

The SEP will be periodically revised and updated as necessary in the course of project implementation. Quarterly reports and internal reports on public grievances, enquiries, and related incidents, together with the status of implementation of associated corrective/ preventive actions, will be collated by responsible staff and referred to the senior management of the project. The quarterly reports will provide a mechanism for assessing both the number and nature of complaints and requests for information, along with the Project's ability to address those in a timely and effective manner. Information on public engagement activities undertaken by the Project during the year may be conveyed to the stakeholders in various ways such as letters, media briefings, newsletters, etc.

8. Annexes

8.1 Annexure 1. Consultation Summary

Stakeholder	Dates of	Summary of Feedback	Response of Project	Follow-up	Timetable/ Date to
(Group or	Consulta		Implementation Team	Action(s)/Next	Complete Follow-
Individual)	tions			Steps	up Action(s)
Green Yard	13 th Nov	The school have students from local as well as rural areas which	Clubs will be established to guide	Starting from	These activities will
Higher	2023	requires them to travel upto 18 km.	and counsel students and other	project	be mainstreamed
Secondary		Career: The students have aspiration to be CA, Lawyers, Teacher,	adolescents on career matters,	implementation	and will be
School,		Professional Artist, Entrepreneur (Businesswomen), Footballer,	mental health, substance abuse,		continued even
William		Doctor and Singer. There is almost zero career mapping. Some of	reproductive health, etc.		after the project by
nagar. Garo		them say they have support from their parents to pursue their			concerned
Hills		dreams.	As part of the project, mapping of		departments
		During free time they engage in hanging out with friends, eat and	skills and available opportunities		
Students – 10,		sleep, help their mother, learn online courses like digital marketing,	and avenues will be added to duties		
11 and 12 th		play football, read books and novels, listen to music, dance and play	of the grass roots staff such as		
Class		with the siblings	Youth Facilitators (Fellows), Health		
		Mental Health: They are not aware about the mental health. They	Counsellors, etc.		
		sometimes feel stress mainly due to studies and exams. As per their			
		opinion it includes way of thinking, able to make the right decision,	Youth Facilitators (Fellows), Skill		
		stress due to family problems and environment affects the mental	Coaches, Health Counsellors and		
		health.	Peer Leaders, through these clubs		
		Substance Use: They are aware about the ill effects. As per their	will a) create awareness, provide		
		thinking the addiction is due to over excitement, peer pressure, for	guidance, information on		
		enjoyment, depression, family issues and relationship.	rehabilitation for alcohol/ drug		
		Dropouts: When asked about any friends who dropped out, 6 such	addicts, b) provide knowledge on		
		students they were aware. The main reason for dropping out were	sexual and reproductive health, and		
		financial crises and academic failure. One student (9 th class) they	c) on career guidance, as needed.		
		knew who became an early mother.			

Rongrengre	13 th Nov	The school have students coming from local and areas which	Clubs will be established to guide	Starting from	These activities will
Higher	2023	requires them to travel upto 18 km.	and counsel students and other	project	be mainstreamed
Secondary		Career: The students have aspiration to be Airhostess, nurse,	adolescents on career matters,	implementation	and will be
School,		teacher, musician, engineer, etc. Some of them say they have	mental health, substance abuse,		continued even
Williamnagar		support from their parents to pursue their dreams. They say the	reproductive health, etc.		after the project by
		parents want them to do good jobs as they do not want their kids			concerned
Students – 9		to suffer later in life. They say they look up to teachers for guiding	As part of the project, mapping of		departments
and 10 th Class		them.	skills and available opportunities		
		Mental Health: They are not aware about mental health. They say	and avenues will be added to duties		
		they share their concerns with friends, parents and siblings.	of the grass roots staff such as		
		Substance Use: They do not have any friends who are addicted to	Youth Facilitators (Fellows), Health		
		substance.	Counsellors, etc.		
		Dropouts: They are aware of 7 students who dropped out. The			
		reason for dropping out was to look after home and farms, and	Youth Facilitators (Fellows), Skill		
		financial crises. For one student it was due to pregnancy.	Coaches, Health Counsellors and		
			Peer Leaders, through these clubs		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

District School	13 th Nov	Students have low aspiration mainly due to socio economic	Education department need to	Starting from	These activities will
Education	2023	condition, to look after siblings, helping in farming activities with	implement the concerned	project	be mainstreamed
Officer, East		parents, etc.	programs under the project.	implementation	and will be
Garo Hills,		Vocational training if included in curriculum will help students to	Clubs will be established to guide		continued even
William Nagar		take up good job/work.	and counsel students and other		after the project by
		Teachers need to provide awareness and orientation as they are not	adolescents on career matters,		concerned
		aware of the market trends and requirements	mental health, substance abuse,		departments
		Community organizer can be used and will help in providing training	reproductive health, etc.		
		to teachers and parents to choose right career path for their wards.			
		District Education authority is conducting house to house survey for	As part of the project, mapping of		
		dropouts, counseling them and are providing admissions in nearest	skills and available opportunities		
		schools.	and avenues will be added to duties		
		There is no public private partnership programmes in state in	of the grass roots staff such as		
		schools	Youth Facilitators (Fellows), Health		
		One of the main reasons for early child marriage is poverty.	Counsellors, etc.		
		Vocational training will help dropouts to take up good job/work.			
		DSEO is of opinion that IEC material like songs, short clips, printed	Youth Facilitators (Fellows), Skill		
		materials, demos will be useful in guiding the students to pursue	Coaches, Health Counsellors and		
		their aspirations.	Peer Leaders, through these clubs		
		Some schools in the district have skill development programme.	will a) create awareness, provide		
		This is mainly for students with interest to take up (Computers,	guidance, information on		
		Electronics, etc.).	rehabilitation for alcohol/ drug		
		Some schools under Samanda and Songsak provides boarding and	addicts, b) provide knowledge on		
		lodging for class 6,7 and 8 students.	sexual and reproductive health, and		
		Some of the ideas shared are career-oriented methods, information	c) on career guidance, as needed.		
		clubs for class 10 th , mentorship programmes and personality			
		development programmes.			

Senior	14 th Nov	Heath Department is conducting different programmes like RKSK	Health department need to	Starting from	These activities will
Medical and	2023	through which they are taking up outreach programmes in schools	implement the concerned	project	be mainstreamed
Health		for adolescents on issues like wellbeing. Also conducting training for	programs under the project.	implementation	and will be
Officer,		teachers. Department with Adolescent Ambassador is conducting	Clubs will be established to guide		continued even
DMHO, Tura		talk shows in schools on health issues. Materials for teachers were	and counsel students and other		after the project by
		also provided about sexual health and drug abuse.	adolescents on career matters,		concerned
		Challenges:	mental health, substance abuse,		departments
		Need more counselors atleast one per PHC/CHC.	reproductive health, etc.		
		To provide transportation to these counselors.			
		Need more rehabilitation centres for drug/alcohol abuse.	As part of the project, mapping of		
		Poverty, school dropouts, orthodox faith communities, social	skills and available opportunities		
		media, ignorance are some of the reasons for early child	and avenues will be added to duties		
		marriage/pregnancy.	of the grass roots staff such as		
		Need to create awareness about ill effects of early child marriage,	Youth Facilitators (Fellows), Health		
		among communities, parents and faith leaders.	Counsellors, etc.		
		Some teachers show least interest in reproductive and sexual health			
		talks in schools.	Youth Facilitators (Fellows), Skill		
		Some due to religious beliefs are against MTP and use of	Coaches, Health Counsellors and		
		contraceptives.	Peer Leaders, through these clubs		
		Sexual and Gender Minorities do not turn up to hospitals for any	will a) create awareness, provide		
		health related issues.	guidance, information on		
		IEC materials like leaflets/pamphlets, posters are some of the tools	rehabilitation for alcohol/ drug		
		that can be used for creating health (sexual) awareness.	addicts, b) provide knowledge on		
		There are few Catholic societies working in health sector, in	sexual and reproductive health, and		
		particular on mental health and substance abuse.	c) on career guidance, as needed.		
		One adolescent centre is established in TB treatment centre			
		campus, Tura. Due stigma people are reluctant to visit the centre.			

Additional DMHO, Tura	14 th Nov 2023	As head of Physiatrist dept., some of the observation and experiences shared are: young children due to use of regular and continuous mobile, are affected by metal illness. This also causes spondylitis, loss of vision, games make them live in the world of hallucination and bizarre thoughts. The young children are addicted to drugs, alcohol and similar other intoxicated substance like dendrite, correction fluids, cough syrup, etc., that makes them sleepy and drowsy, and gives them hallucinations. Teenage pregnancy is reason due to use of mobile dating apps and other illegal contacts.	Health department need to implement the concerned programs under the project. Clubs will be established to guide and counsel students and other adolescents on career matters, mental health, substance abuse, reproductive health, etc. As part of the project, mapping of skills and available opportunities and avenues will be added to duties	Starting from project implementation	These activities will be mainstreamed and will be continued even after the project by concerned departments
		The young children are addicted to drugs, alcohol and similar other intoxicated substance like dendrite, correction fluids, cough syrup, etc., that makes them sleepy and drowsy, and gives them hallucinations. Teenage pregnancy is reason due to use of mobile dating apps and	mental health, substance abuse, reproductive health, etc. As part of the project, mapping of skills and available opportunities and avenues will be added to duties of the grass roots staff such as Youth Facilitators (Fellows), Health Counsellors, etc. Youth Facilitators (Fellows), Skill Coaches, Health Counsellors and Peer Leaders, through these clubs will a) create awareness, provide guidance, information on rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on sexual and reproductive health, and c) on career guidance, as needed.		

RKSK	14 th Nov	Their Job profile includes monitoring counsellors, reporting,	Clubs will be established to guide	Starting from	These activities will
coordinator	2023	physical verification of activities at PHC/CHC etc. They focus on	and counsel students and other	project	be mainstreamed
(District)		health, wellbeing of students mainly through Adolescence	adolescents on career matters,	implementation	and will be
		Reproductive Health Program	mental health, substance abuse,		continued even
		Challenges	reproductive health, etc.		after the project by
		Poor coordination and cooperation with line department			concerned
		(Education) regarding data.	As part of the project, mapping of		departments
		Adolescents are reluctant to visit PHC, and they expect	skills and available opportunities		
		refreshments if they come for sessions.	and avenues will be added to duties		
		Coordinators and Ambassadors should be provided with logistic	of the grass roots staff such as		
		support for better performance	Youth Facilitators (Fellows), Health		
		There is no health insurance, accident insurance, proper contractual	Counsellors, etc.		
		agreement, etc., and they are awaiting annual increment for the last			
		3 years. Their registered association of these 200 employees is	Youth Facilitators (Fellows), Skill		
		taking up this issue with department. (NEAM – DEC- WGH)	Coaches, Health Counsellors and		
		They feel the need for to develop a proper mobile application for	Peer Leaders, through these clubs		
		uploading the data rather than link to upload which will be active	will a) create awareness, provide		
		only when there is good mobile signal.	guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

RKSK	14 th Nov	Their job profile includes counselling adolescents about wellbeing	Clubs will be established to guide	Starting from	These activities will
Counsellors	2023	and discuss topics like teenage pregnancy, anaemia causes,	and counsel students and other	project	be mainstreamed
		nutrition, etc. They carry out these services at OPED at Block	adolescents on career matters,	implementation	and will be
		Hospital (CHC) and Anganwadi centres. And at schools they conduct	mental health, substance abuse,		continued even
		orientation and discuss about menstruation, teenage pregnancy,	reproductive health, etc.		after the project by
		etc. with students.			concerned
		One of the reasons, cited by the Counsellors for teenage pregnancy	As part of the project, mapping of		departments
		in Garo Hills are is live-in relation of young people (accepted by	skills and available opportunities		
		parents and community).	and avenues will be added to duties		
		Challenges: Insufficient funds for travel, no logistic support as they	of the grass roots staff such as		
		have to spend first and claim for reimbursement, which takes	Youth Facilitators (Fellows), Health		
		longer.	Counsellors, etc.		
		There is no health insurance, accident insurance, proper contractual			
		agreement, etc., and they are awaiting annual increment for last 3	Youth Facilitators (Fellows), Skill		
		years. Their registered association with 200 employee is taking up	Coaches, Health Counsellors and		
		this issue with department. (NEAM – DEC- WGH).	Peer Leaders, through these clubs		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

Chief	14 th Nov	Chief Executive Member (CEM) welcomed the MPOWER project	Clubs will be established to guide	Starting from	These activities will
Executive	2023	and assured all support during implementation. CEM has	and counsel students and other	project	be mainstreamed
Member		emphasized on proper guidance for young people to overcome the	adolescents on career matters,	implementation	and will be
Garo Hills		social barriers and take up some productive work/job and earn a	mental health, substance abuse,		continued even
District		decent living. CEM is of the opinion that health, sexual health and	reproductive health, etc.		after the project by
Autonomous		life skills education will have deep impact on the life of young			concerned
Council, Tura		generation who due to domestic issues, no guidance, etc. lost track	As part of the project, mapping of		departments
		and indulged in alcohol/drug/early pregnancies. CEM has expressed	skills and available opportunities		
		that faith leaders need to be consulted on these aspects regularly	and avenues will be added to duties		
		during project implementation.	of the grass roots staff such as		
			Youth Facilitators (Fellows), Health		
			Counsellors, etc.		
			Youth Facilitators (Fellows), Skill		
			Coaches, Health Counsellors and		
			Peer Leaders, through these clubs		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

VHCs of	15 th Nov	The Plack Development Officer has welcomed the MPOWER project	A brief introduction about the	Starting from	These activities will
		The Block Development Officer has welcomed the MPOWER project		0	
Dadeng	2023	and assured all support during preparation and implementation. He	project is given to BDO and VHCs.	project	be mainstreamed
		has emphasized on proper guidance for young people to overcome		implementation	and will be
		the social barriers and take up some productive work/job and earn	Clubs will be established to guide		continued even
		a decent living.	and counsel students and other		after the project by
		The VHC members were in support of the projects. They wanted to	adolescents on career matters,		concerned
		know about the project components.	mental health, substance abuse,		departments
		They were expecting some individual monetary benefits from	reproductive health, etc.		
		project. The BDO clarified that there will be no personal monetary			
		benefits distributed.	As part of the project, mapping of		
		The VHCs want the project to consult with the communities and	skills and available opportunities		
		parents. The BDO assured them that stakeholder engagement is the	and avenues will be added to duties		
		basic approach of the project.	of the grass roots staff such as		
		The VHCs wanted the project IEC material to be in form that the	Youth Facilitators (Fellows), Health		
		local communities can easily understand.	Counsellors, etc.		
		The VHCS wanted awareness and guidance need to be provided to			
		parents and communities too on the mental health, career	Youth Facilitators (Fellows), Skill		
		advancement, etc.	Coaches, Health Counsellors and		
		advancement, etc.	1		
			Peer Leaders, through these clubs		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

Don Bosco	20 th Oct	Career goals: The students knew from the teacher about career	Clubs will be established to guide	Starting from	These activities will
Technical	2023	goals, and about the local job market, freelancing, online jobs, etc.	and counsel students and other	project	be mainstreamed
Institute,		In class they feel like one big family, learning a lot of soft skills such	adolescents on career matters,	implementation	and will be
Shillong		as discipline from one another	mental health, substance abuse,		continued even
		They have friends who dropped out of school due to Teenage	reproductive health, etc.		after the project by
Students		Pregnancy, and financial problems.			concerned
			As part of the project, mapping of		departments
		Mental Health: Students are aware of mental health. As per their	skills and available opportunities		
		opinion it includes their way of thinking, ability to make the right	and avenues will be added to duties		
		decision, stress due to family problems and environment affects the	of the grass roots staff such as		
		mental health.	Youth Facilitators (Fellows), Health		
		Students do feel Stress about career, family problems, etc. To	Counsellors, etc.		
		destress they do outing, dancing, sharing with friends, etc.			
		Substance abuse: They are aware about the ill effects. They are	Youth Facilitators (Fellows), Skill		
		aware of some young people who dropped out due to addiction.	Coaches, Health Counsellors and		
		They know drugs are easily available.	Peer Leaders, through these clubs		
		To overcome such a situation, the government should start	will a) create awareness, provide		
		Awareness, interest/ passion platform to keep addicted people	guidance, information on		
		busy e.g. basketball, football, dancing class, etc. the government	rehabilitation for alcohol/ drug		
		should promote free training centres for them.	addicts, b) provide knowledge on		
		Reproductive Health: Students are uncomfortable to share the	sexual and reproductive health, and		
		information on sexual and reproductive health. It is mainly talks	c) on career guidance, as needed.		
		with their friends, siblings, etc. that gives them this knowledge.			
		Contraceptives: Awareness regarding condoms and contraceptives			
		is leant from social media, friends, schools, other awareness			
		programs, etc.			

MANBHA	20 th Oct	Alcohol and drug addicts: Drugs and alcohol use by young people is	Clubs will be established to guide	Starting from	These activities will
Foundation	2023	,, , , , ,		_	be mainstreamed
Foundation	2023	increasing due to stress, no career goals, following western culture,	and counsel students and other	project	
		family issues, etc. This addiction leads them to get involved in	adolescents on career matters,	implementation	and will be
Drug abuse		crimes. As suggested by NGO more rehabilitation centers need to	mental health, substance abuse,		continued even
Alcohol		be opened where these youths spend time and learn some skills	reproductive health, etc.		after the project by
abuse/		according to their talents without distraction. Due to high monthly			concerned
Sexual and		fees of rehabilitation centers, these people cannot get admitted in	As part of the project, mapping of		departments
Gender		Meghalaya and opt out to other state centers which charge less	skills and available opportunities		
Minorities/		fees.	and avenues will be added to duties		
Sex workers			of the grass roots staff such as		
		Sexual and Gender Minorities: Very difficult to get job opportunities	Youth Facilitators (Fellows), Health		
		in government and private sectors, due to the stigma. The society	Counsellors, etc.		
		looks down upon them, bullies them, manhandles them, as there	Couriscilors, etc.		
		are no opportunities, it leads them to begging, sex work and other	Youth Facilitators (Fellows), Skill		
		illegal activities. They shared experience of how difficult it is to get	1		
		an ID as sexual and gender minorities due ignorance of government	Coaches, Health Counsellors and		
		staff, lack of empathy and sympathy, total neglect and	Peer Leaders, through these clubs		
		discrimination.	will a) create awareness, provide		
		discrimination.	guidance, information on		
		Sex workers: No work opportunities; except for sex work. The sex	rehabilitation for alcohol/ drug		
		work is fraught with insults, physical violence, coercion, non-	addicts, b) provide knowledge on		
		payment, confiscation of personal belongings, rape, etc. The	sexual and reproductive health, and		
		MANBHA foundation supports them by counselling, awareness	c) on career guidance, as needed.		
		, , , , , , , , , , , , , , , , , , , ,			
		about HIV/AIDS, regular checkups for STD as part of a government			
		programme.			
					1

Health Department	20 th Oct 2023	Government has introduced several programmes about creating awareness about wellness etc (RKSK). At the PHC, the dept. has opened an Adolescent Friendly Health Clinic and at the CHC level, it is Adolescent Health Resource Centre. Due to social stigma, individuals are less likely to seek counselling at these centres. Although they have an interest in obtaining information, they prefer one-on-one access. In urban areas, discussions about the use of contraceptives, MTP, family planning, and unwanted pregnancies are less taboo, whereas in rural areas, these topics are more sensitive, often influenced by faith. IEC material like posters, play tools, flip charts, short videos, will help reach the target audience. Some of the constraints expressed are: lack of Medical specialists at district level, lack of adequate finances, lack of required manpower, infrastructure, etc.	Department of Health & Family Welfare is one of the implementing Agencies.	Starting from project implementation	These activities will be mainstreamed and will be continued even after the project by concerned departments
Skill Development Department	20 th Oct 2023	Skill development department through emplaned trainers regularly conduct short term and advance skill upgradation programs for youth. The District Skill Committee prepares a skill training plan that includes 60 trades in 70 centres that have trained more than 5000 trainees in the service sector. Challenges: Line departments reluctant to share the data to prepare robust training plan Self-Employment: No entrepreneurship as there is limited support from government to promote entrepreneurship Providing linkages with Bank and Financial Institutes is a challenge. Cannot able to provide the required documentation as per Bank/Fls	The Skill Development Department will collaborate with the Project and provide for skill development opportunities.	Starting from project implementation	These activities will be mainstreamed and will be continued even after the project by concerned departments

Department Sports and Youth Affairs	20 th Oct 2023	The department conducts several programmes in sports for youth like YESS Meghalaya, CM Youth Development Programme, Dual Exchange and Youth Exchange programmes. Challenges: Age fraud by athletes lead to a disqualification from competitions, lack of qualified coaches in different sporting events, inability to provide fitness equipment to district and block level prayers, no physical trainer/instructor at school level, difficulties in getting admission in training institutes outside the state, etc.	Department of Sports and Youth Affairs is implementing Agencies	Starting from project implementation	These activities will be mainstreamed and will be continued even after the project by concerned departments
Pynthorumkh rah Community Hall Non tribes Students Parents	21 st Oct 2023	Drug Abuse is at a high rate both within tribals and non-tribals due to poor family support, family issues, less job opportunities, bad friends influence, etc. The habit leads them to crime to fulfil the urge for drugs. The rehabilitation centres are too expensive. MIMHANs rehabilitation centre is the one run by the Government. Teenage Pregnancies: Due to working parents inability to monitor the children, domestic violence, parents alcoholism, poverty, aping western culture, etc. leads to relationships between young children. Abortion is against the faith. Parents express that house-to-house counselling, creating awareness about the skill development programmes and opportunities available in the state will help in curbing alcohol/drug abuse and teenage pregnancies. Parents opine tools like motivational programmes, street plays, sports events, demonstration, exposure visits, linking with small enterprises with loan and subsidy, sharing experience of locals working outside the state, etc, will help youth to decide their future.	Clubs will be established to guide and counsel students and other adolescents on career matters, mental health, substance abuse, reproductive health, etc. As part of the project, mapping of skills and available opportunities and avenues will be added to duties of the grass roots staff such as Youth Facilitators (Fellows), Health Counsellors, etc. Youth Facilitators (Fellows), Skill Coaches, Health Counsellors and Peer Leaders, through these clubs will a) create awareness, provide guidance, information on rehabilitation for alcohol/ drug addicts, b) provide knowledge on sexual and reproductive health, and c) on career guidance, as needed.	Starting from project implementation	These activities will be mainstreamed and will be continued even after the project by concerned departments

Tura	Govt.	29 th Mar	Careers: There is almost zero career mapping, career counselling	Clubs will be established to guide	Starting from	These activities will
Boys	Higher	2023	and job realism. Some of them are interested in becoming Doctors,	and counsel students and other	project	be mainstreamed
Secon	dary		makeup artists, nurses, lawyers, footballers, lecturers, etc. They are	adolescents on career matters,	implementation	and will be
Schoo	l - Co Ed		inspired by teachers and family members.	mental health, substance abuse,		continued even
			Social: Friends circle is strong. There is a wide usage of media here;	reproductive health, etc.		after the project by
Stude	nts		some mention that they are with their phone for 3 hours per day;			concerned
			Instagram, YouTube and Netflix being widely used. Music is a	As part of the project, mapping of		departments
			favourite for all.	skills and available opportunities		
			Mental Health: The students were not aware of the term mental	and avenues will be added to duties		
			health. The students said that they have all experienced stress when	of the grass roots staff such as		
			parents scold them and during examinations. To de stress, they	Youth Facilitators (Fellows), Health		
			listen to music, play games, go on walks, run, sit and talk to their	Counsellors, etc.		
			friends and siblings. Family stress seems to be highly prevalent			
			here. Some said they go to a corner and cry.	Youth Facilitators (Fellows), Skill		
			Substance Use: They are aware of alcohol and tobacco but said that	Coaches, Health Counsellors and		
			they do not have any friends who engage in the same.	Peer Leaders, through these clubs		
			Reproductive Health: Knowledge is at a low level on reproductive	will a) create awareness, provide		
			health. The boys were aware of puberty. The girls had prior	guidance, information on		
			knowledge about periods from their elder siblings and mothers.	rehabilitation for alcohol/ drug		
			They are not open about it with their brothers and fathers. They are	addicts, b) provide knowledge on		
			shy about it. Boys were not aware of periods. They would like more	sexual and reproductive health, and		
			information from their teachers.	c) on career guidance, as needed.		

Parents -	28 th Mar	Parents complained about kids using their phones. Sick elders at	Clubs will be established to guide	Starting from	These activities will
Ampati Higher	2023	home make it difficult for parents to concentrate on their kids. The	and counsel students and other	project	be mainstreamed
Secondary		lack of transportation to schools makes them skeptical to send their	adolescents on career matters,	implementation	and will be
School		kids to school sometimes. Parents are of the opinion that more skill	mental health, substance abuse,		continued even
		development programs in schools will enhance their skills.	reproductive health, etc.		after the project by
		The parents said that they are active in their kids' lives but they	As part of the project, mapping of		concerned departments
		don't have enough time to spend with their kids. The only time	skills and available opportunities		departments
		spent together is when they do housework. Elder sisters are the	and avenues will be added to duties		
		ones who mostly encourage their younger siblings to do well	of the grass roots staff such as		
		Parents are not really aware of the aspirations of kids and careers	Youth Facilitators (Fellows), Health		
		they want for their kids, they themselves lack information. Financial	Counsellors, etc.		
		constraints do affect their decisions on their plan and goals.	Youth Facilitators (Fellows), Skill		
		In Garo hills, the kids are exposed to substances as it is culturally	Coaches, Health Counsellors and		
		practiced. Some parents even send their kids to buy substances. The	Peer Leaders, through these clubs		
		parents are not aware of any institutions that they can send their	will a) create awareness, provide		
		kids to for help. The only thing they can do is advise them not to use	guidance, information on		
		it.	rehabilitation for alcohol/ drug		
		Parents counsel the kids when they are stressed, there is moral	addicts, b) provide knowledge on		
		support from the parents.	sexual and reproductive health, and c) on career guidance, as needed.		
		There is no conversation between parents and children about	c) on career guidance, as needed.		
		reproductive health. Parents sometimes get information from			
		ASHA's. They are willing to encourage and support sessions on			
		reproductive health in schools.			

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Ampati Higher	28 th Mar	The school has a NEET program. Football, kabaddi, volleyball are the	Clubs will be established to guide	Starting from	These activities will
sec. School	2023	sports they play. 9 students have dropped out from school. 3 due	and counsel students and other	project	be mainstreamed
		to teenage pregnancy, one due to financial problems, one due to	adolescents on career matters,	implementation	and will be
		poor academic performance, one did not have enough attendance	mental health, substance abuse,		continued even
		and one girl due to domestic issues at home she moved away to live	reproductive health, etc.		after the project by
		with her grandmother in Williamnagar, she never joined a new			concerned
		school and she is married now.	As part of the project, mapping of		departments
		Mental health: They are not aware. Most boys seek support from	skills and available opportunities		
		their sisters and some are close to their father. Most boys are close	and avenues will be added to duties		
		to their mother and express that it is a mother who understands	of the grass roots staff such as		
		everything.	Youth Facilitators (Fellows), Health		
		Substance use: All have families that smoke. Some students have	Counsellors, etc.		
		friends who smoke and drink. But they have not indulged in such			
		activities.	Youth Facilitators (Fellows), Skill		
			Coaches, Health Counsellors and		
			Peer Leaders, through these clubs		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

Mahendragan	29 th Mar	Careers: There is almost zero career mapping and career	Clubs will be established to guide	Starting from	These activities will
		· · ·	_	_	
j - Students	2023	counseling. Most of the students in this school did not know what	and counsel students and other	project	be mainstreamed
Class 6 - 5		their aspirations were.	adolescents on career matters,	implementation	and will be
students		Social: When asked what they do for fun, the students' responses	mental health, substance abuse,		continued even
Class 7 - 2		included playing and roaming with friends and they are not really	reproductive health, etc.		after the project by
students		aware of any drop outs in this school.			concerned
Class 8 - 4		Mental Health: The students were not aware of the term mental	As part of the project, mapping of		departments
students		health. They have all experienced stress when parents scold them	skills and available opportunities		
		and during examinations and to de stress, they listen to music, play	and avenues will be added to duties		
		games, go on walks, run, sit and talk to their friends and siblings.	of the grass roots staff such as		
		Stress dur to family seems to be highly prevalent here and they do	Youth Facilitators (Fellows), Health		
		not discuss with friends.	Counsellors, etc.		
		Substance Use: They are aware of alcohol and tobacco but said that			
		they do not have any friends who engage in the same and their	Youth Facilitators (Fellows), Skill		
		friends don't encourage them. The school with a Muslim majority	Coaches, Health Counsellors and		
		and cultural practices have influenced the lack of encouragement	Peer Leaders, through these clubs		
		towards drugs.	will a) create awareness, provide		
		Reproductive Health: Students have very little knowledge on	guidance, information on		
		reproductive health. The girls had prior knowledge about periods	rehabilitation for alcohol/ drug		
		from their elder siblings and mothers only. Boys would like more	addicts, b) provide knowledge on		
		information from their teachers.	sexual and reproductive health, and		
			c) on career guidance, as needed.		

St. Thomas	24 th Mar	Students are much more articulate and confident. They are aware	Clubs will be established to guide	Starting from	These activities will
Higher	2023	of the need and purpose of coming to school and would like to help	and counsel students and other	project	be mainstreamed
_	2023			' '	
Secondary		parents and dream to pursue careers like IAS officer, archaeologist,	adolescents on career matters,	implementation	and will be
School,		artist, nurse, lawyer, army officer, businessman, engineer, priest,	mental health, substance abuse,		continued even
Mairang		MBA, astronomer, gynaecologist, etc.	reproductive health, etc.		after the project by
Class 9 - 5		There were 7 dropouts; the reasons are laziness, academic failure,			concerned
Class 10 - 8		3 due to teenage pregnancy. Students feel stressed when parents	As part of the project, mapping of		departments
Class 12 (Arts)		scold them and when thinking about the future. To cope with this	skills and available opportunities		
- 4		situation they hang out with friends, journaling, singing, dancing,	and avenues will be added to duties		
3 migrant		breathing exercises, and watching cartoons. Siblings, mother,	of the grass roots staff such as		
students:		friends, neighbours are whom they speak to when feeling low and	Youth Facilitators (Fellows), Health		
Rural-urban		stressed. All students don't share their concerns because they have	Counsellors, etc.		
(intra-district)		trust issues.			
		Students are aware that some friends consume some kind of	Youth Facilitators (Fellows), Skill		
		substances; sometimes they face peer pressure to take them on the	Coaches, Health Counsellors and		
		basis of being a 'rangbah' (headman).	Peer Leaders, through these clubs		
		School Health & Wellness Ambassadors: No students have attended	will a) create awareness, provide		
		these sessions	guidance, information on		
		For girls the Source of information are Mother on any topics on	1 -		
		, .	rehabilitation for alcohol/ drug		
		menstruation; Few students know about condoms and source of	addicts, b) provide knowledge on		
		information is Science textbooks, internet, TV;	sexual and reproductive health, and		
		Some are comfortable speaking about contraceptives with their	c) on career guidance, as needed.		
		friends; all want to know more about contraceptives.			

Kynshi	24 th Mar	Their day-to-day includes, school-sports-work at home-homework.	Clubs will be established to guide	Starting from	These activities will
Government	2023	Students wish to communicate in English. Most of the students use	and counsel students and other	project	be mainstreamed
	2023			• •	
Higher		their parents' mobile phone.	adolescents on career matters,	implementation	and will be
Secondary		Careers: There is almost zero career mapping. Their dream careers	mental health, substance abuse,		continued even
School		include - baking, fashion designing, doctor, nurse, driver, etc. They	reproductive health, etc.		after the project by
Class 6 - 5		are inspired by what they watch on the mobile phones, parents and			concerned
Class 7 - 5		elder siblings.	As part of the project, mapping of		departments
Class 8 - 1		Social: When asked what they do for fun, the Students responses	skills and available opportunities		
Class 10 - 4		included, Playing, Walks, Sleep, TV, Music, Daydreaming. Students	and avenues will be added to duties		
Class 12 - 2		use their own or parents' mobile phones. Parents allow them to use	of the grass roots staff such as		
(Arts)		the phone for an hour per day.	Youth Facilitators (Fellows), Health		
		When asked about any friends who have dropped out, they were	Counsellors, etc.		
		aware of 8 such students. The main reasons for drop out included			
		covid, trouble at home, lazy to study or lack of interest and the	Youth Facilitators (Fellows), Skill		
		children having to go make a living or help at home instead.	Coaches, Health Counsellors and		
		Mental Health: The students were aware of the term mental health	Peer Leaders, through these clubs		
		but they have no knowledge of how to cope with feelings of anger,	will a) create awareness, provide		
		stress etc. The students of class 6-7 had zero knowledge about	guidance, information on		
		mental health. The only stress they feel is during examinations.	rehabilitation for alcohol/ drug		
		Reproductive Health: They have some basic knowledge on	addicts, b) provide knowledge on		
		reproductive health. The Higher class boys were aware of	sexual and reproductive health, and		
		menstruation . The girls had prior knowledge about periods from	c) on career guidance, as needed.		
		their elder siblings and mothers.			

Patharkhmah	23 rd Mar	Parents are well aware and say they have experience in raising	Clubs will be established to guide	Starting from	These activities will
Government	2023	teenagers. Lack of education of parents make them want to send	and counsel students and other	project	be mainstreamed
Higher		their children to school. Parents motives to study and excel in	adolescents on career matters,	implementation	and will be
Secondary		studies; nurture their talents; studies should not stop just because	mental health, substance abuse,	-	continued even
School		they haven't figured out their goal; support them even if they fail to	reproductive health, etc.		after the project by
Patharkhmah		get promotion or score lesser marks. Some parents check with their			concerned
_		kids the reasons behind difficulties in studies. The Education	As part of the project, mapping of		departments
_		System of Re-appearance of only one subject in which they have	skills and available opportunities		
Parents		failed in 10th class has helped to continue.	and avenues will be added to duties		
Of Classes 6,7,			of the grass roots staff such as		
8,9 & 10		Parents opine that substance use is their failure in terms of	Youth Facilitators (Fellows), Health		
0,5 Q 10		overseeing their children's timings, who they're friends with and	Counsellors, etc.		
		what they do. Parents realise the need of speaking to their kids with			
		affection. Half say they don't have time to spend time with their	Youth Facilitators (Fellows), Skill		
		kids. Parents are of the opinion that to downplay the prevalence of	Coaches, Health Counsellors and		
		teenage pregnancy, expect their daughters to speak once she's	Peer Leaders, through these clubs		
		dating. Daughters speak to their mothers about menstruation.	will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

Patharkhmah	23 rd Mar	Careers: There is almost zero career mapping. They are inspired by	Clubs will be established to guide	Starting from	These activities will
- Students	2023	what they watch on the mobile phones, parents and elder siblings.	and counsel students and other	project	be mainstreamed
Class 8 - 5		Social: When asked what they do for fun - Students' responses	adolescents on career matters,	implementation	and will be
Class 9 - 5		include Playing, Walks, Sleep, TV, Music, Daydreaming.	mental health, substance abuse,		continued even
Class 10 - 10		When asked about any friends who dropped out, 9 such students	reproductive health, etc.		after the project by
		they are aware of . The main reason for drop out includes trouble			concerned
		at home, being too lazy to study and the children having to go make	As part of the project, mapping of		departments
		a living or help at home instead. About 5 friends they knew who	skills and available opportunities		
		became early child mothers.	and avenues will be added to duties		
		Mental Health: The students are aware of the term mental health	of the grass roots staff such as		
		but they have no knowledge of how to cope with feelings of anger,	Youth Facilitators (Fellows), Health		
		stress etc, due to the future , environment at home, housework,	Counsellors, etc.		
		family issues that leads to no time for study. To relieve stress, they			
		listen to music, play games, go on walks, run, sit and talk to their	Youth Facilitators (Fellows), Skill		
		friends.	Coaches, Health Counsellors and		
		Substance Use: Students have friends who smoke and drink. Boys	Peer Leaders, through these clubs		
		do this more than girls. They do have friends who encourage them	will a) create awareness, provide		
		with substances. They feel pressured and bad for not accepting.	guidance, information on		
		Reproductive Health: Students have basic Knowledge is on	rehabilitation for alcohol/ drug		
		reproductive health. The girls had prior knowledge about periods	addicts, b) provide knowledge on		
		from their elder siblings and mothers. They are not open about it	sexual and reproductive health, and		
		with their brothers and fathers. The boys knew little about what	c) on career guidance, as needed.		
		puberty. Which they knew from Science class.			
		Sexual Activity: Most of the students do have crushes. The students			
		usually talk about this with their friends only and sometimes older			
		siblings. The elders tell them to wait till their 19. Parents do not talk			
		to them about any sexual reproduction. The boys are aware about			
		condoms but not girls. The boys gathered information on sexual			
		reproduction through mobile phones.			

Nongstoin	22 nd Mar	Some 7-8 students from interior villages come to study in	Clubs will be established to guide	Starting from	These activities will
(Sibsingh) -	2023	Nongstoin. They have rented spaces to attend school.	and counsel students and other	project	be mainstreamed
Students		Careers: There is almost zero career mapping. They are inspired by	adolescents on career matters.	implementation	and will be
		what they see on the mobile phones, parents and elder siblings.	mental health, substance abuse,	1	continued even
Class 8 - 6		Social: When asked what they do for fun, students responses	reproductive health, etc.		after the project by
students		included, Playing, Walks, Sleep, TV, Music, Daydreaming,	,		concerned
Class 9 - 4		They are aware of a few students who dropped out. The main	As part of the project, mapping of		departments
students		reason for dropping out includes trouble at home, being too lazy to	skills and available opportunities		
Class 10 - 4		study and the children having to go make a living or help at home	and avenues will be added to duties		
students		instead.	of the grass roots staff such as		
Class 12 - 5		Mental Health: The students were aware of the term mental health	Youth Facilitators (Fellows), Health		
students		but they have no knowledge of how to cope with feelings of anger,	Counsellors, etc.		
		stress etc. Many students expressed stress during exams and family			
		issues. They usually spend time sleeping, confide in friends, listen	Youth Facilitators (Fellows), Skill		
		to music, and go for walks as coping mechanisms.	Coaches, Health Counsellors and		
		Substance Use: They do have friends who encourage them with	Peer Leaders, through these clubs		
		substances. They feel pressured and bad for not accepting.	will a) create awareness, provide		
		Reproductive Health: The girls had no prior sexual knowledge and	guidance, information on		
		no knowledge of menstrual cycle. They do not talk about this at	rehabilitation for alcohol/ drug		
		home. Girls do discuss their cycle amongst friends. The boys don't	addicts, b) provide knowledge on		
		talk about puberty because they are shy, however they do discuss	sexual and reproductive health, and		
		the same with their friends.	c) on career guidance, as needed.		
		Sexual Activity: No one was open to talking about sexual health. The			
		students expressed that some parents do give them advice and			
		usually ask them to refrain from sexual activity. No knowledge of			
		contraception, condoms, etc. They want to get information from			
		Counsellors, Sisters, but not with teachers.			

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Nongstoin	22 nd Mar	Parents are of the opinion that young children are to be taken care	Clubs will be established to guide	Starting from	These activities will
(NPS) -	2023	with love and treat them as friends; Use of proper language is what	and counsel students and other	project	be mainstreamed
Parents		adolescents need.	adolescents on career matters,	implementation	and will be
		Children should be treated with discipline particular in Education	mental health, substance abuse,		continued even
No. of parents		matters; be strict about their study timings, who they're friends	reproductive health, etc.		after the project by
with kids in		with; show them the right direction.			concerned
respective		They are of the opinion that Mothers are friendlier than fathers;	As part of the project, mapping of		departments
classes:		father's roles are not everyday in terms of counseling and showing	skills and available opportunities		
Class 8 - 5		their children a right path.	and avenues will be added to duties		
Class 9 - 3		Parents say that they Encourage & Support the kids; willing to take	of the grass roots staff such as		
Class 10 - 2		loans to fulfil their aspirations; As parents, they want kids to	Youth Facilitators (Fellows), Health		
Total Parents -		reach their goal and are willing to save for their children's future.	Counsellors, etc.		
12; 3 fathers		Though they have financial constraints they say they are providing			
& 9 mothers		tuition as one reason is they throw tantrums at home and don't	Youth Facilitators (Fellows), Skill		
		listen when teaching at home.	Coaches, Health Counsellors and		
		Parents are of the opinion that friends & their own willingness is	Peer Leaders, through these clubs		
		leading to use of substance and addiction. Fathers are to be more	will a) create awareness, provide		
		careful drinking at home when kids start inculcating these habits.	guidance, information on		
		Parents don't agree that they are to be blamed for kids using	rehabilitation for alcohol/ drug		
		addictive substances. One of the sign that kids prefer to stay alone	addicts, b) provide knowledge on		
		is that they are indulged in negative habits (eg: addictive habits)	sexual and reproductive health, and		
		Some Parents are aware of RKSK, many are not aware about the	c) on career guidance, as needed.		
		help available for adolescents.			

Nongstoin	22 nd Mar	Many students from the interior villages come to study in Nongstoin	Clubs will be established to guide	Starting from	These activities will
(NPS) –	2023	and rent spaces to attend school. Students expressed difficulty as	students on career matters.	project	be mainstreamed
Students		they have family members who are not well at home.		implementation	and will be
Class 8 - 5		Some Students reach home back only by 7 or 8pm as they have to	Clubs can help to share their		continued even
Class 9 - 3		walk.	concerns with counsellors including		after the project by
Class 10 - 2		Careers: 50% of the students like Science. They want to take careers	stress, mental disturbances.		concerned
		as Singer, Lawyer, Army, Dancer but there is almost zero career			departments
		mapping. They are inspired by what they see on the mobile phones,	As part of the project, mapping of		
		parents and elder siblings.	skills and available opportunities		
		Social: When asked what they do for fun, students' responses	and avenues will be added to duties		
		included, Playing, Walks, etc.	of the counsellors.		
		When asked about any friends who have dropped out, 30% said			
		they too have done so due to Covid and some children being too	Counsellors through these clubs will		
		lazy to go to school.	create awareness, provide		
		Mental Health: The students were aware of the term mental health	guidance, information on		
		but they have no knowledge of how to cope with feelings of anger,	rehabilitation for alcohol/ drug		
		stress etc. At home they enjoy sleeping, friends' company, listening	addicts.		
		to music and going for walks. Students say they enjoy classes of			
		teachers who are able to teach the lessons properly. Some of the	At clubs, counsellors will provide		
		activities they participate in school include Story writing, Singing,	knowledge on sexual and		
		Dancing, etc.	reproductive health, alcohol and		
		Substance Use: Students say they have seen friends who have	drug abuse.		
		dropped out of school due to substance abuse. They do have friends			
		who encourage them to take substances and most of them have			
		said that they refuse.			
		Reproductive Health: Girls expressed that they were nervous and			
		irritated during their first period. The boys are not aware of what			
		periods are, some are aware because they have older female			
		siblings.			
		The girls had no prior sexual knowledge and no knowledge of			
		menstrual cycle and they do discuss amongst friends.			
		Sexual Activity: Many students expressed that they do have crushes			
		and most of the students says they share their feelings with their			
		friends. Students think and want to discuss with their parents but			
		they are afraid to do so.			

Jowai - Govt	17th Apr	Most of the students say at home they do their homework, do	Clubs will be established to guide	Starting from	These activities will
Girls School	2023	household work, sometimes cook for themselves. During annual	and counsel students and other	project	be mainstreamed
Class 7 - 3		sports day and school events they practice singing and dancing and	adolescents on career matters,	implementation	and will be
Class 8 - 5		perform.	mental health, substance abuse,		continued even
Class 9 - 4		Dropouts: Few students know about drop outs: a girl had to drop	reproductive health, etc.		after the project by
Class10 - 4		out because her mother got pregnant and she had to take care of	,		concerned
		her sibling, two boys failed and left school, one student was	As part of the project, mapping of		departments
		obsessed with mobile games and failed in the selection exam. Four	skills and available opportunities		,
		girls got pregnant and left the school.	and avenues will be added to duties		
		Career: Students say their parents encourage them to work hard,	of the grass roots staff such as		
		study well so that they can realise their career goal. They want their	Youth Facilitators (Fellows), Health		
		children to do well, as they are first generation learners, parents	Counsellors, etc.		
		want them to do well as they never had a chance themselves. They			
		have Inspirations to seek good careers but have almost zero career	Youth Facilitators (Fellows), Skill		
		mapping.	Coaches, Health Counsellors and		
		Mental Health: They have heard about Mental Health. Their	Peer Leaders, through these clubs		
		understanding about mental health is stress and tension all the	will a) create awareness, provide		
		time. They all said that they are stressed and mainly about	guidance, information on		
		education and family. They de-stress by taking rest, listening to	rehabilitation for alcohol/ drug		
		music, playing with friends, telling jokes. And speak to their siblings	addicts, b) provide knowledge on		
		and ask for advice.	sexual and reproductive health, and		
		Substance Abuse: Many of the students have friends who smoke	c) on career guidance, as needed.		
		and drink. They are encouraged by them but they refuse. The			
		students smoke in the schools during celebrations in school and in			
		the toilets.			
		Reproductive Health: They learnt about periods from their elder			
		siblings and friends. Most got advice from their mothers, elder			
		sisters. The class 10 girls mention that their teacher has spoken to			
		them about sex in their health education class.			

Jowai - Govt	17th Apr	The school only has two streams, Arts and Science. Most of the	Clubs will be established to guide	Starting from	These activities will
Boys School	2023	students are continuing school. They are in need of infrastructure	and counsel students and other	project	be mainstreamed
Discussion	2020	and qualified teachers for science stream. More girls opt for Science	adolescents on career matters,	implementation	and will be
with the		stream. In Class 6 and 7, health education is compulsory. And from	mental health, substance abuse,	Implementation	continued even
health and		class 9 onwards it is between tourism and IT. Most of the students	reproductive health, etc.		after the project by
Math		opt for Health Education. Lockdown has affected the learning	reproductive fleatili, etc.		concerned
Teachers of		capacity of students.	As part of the project, mapping of		departments
8/10		capacity of stauchts.	skills and available opportunities		acpartments
0,10			and avenues will be added to duties		
			of the grass roots staff such as		
			Youth Facilitators (Fellows), Health		
			Counsellors, etc.		
			Couriscilors, etc.		
			Youth Facilitators (Fellows), Skill		
			Coaches, Health Counsellors and		
			Peer Leaders, through these clubs		
			I =		
			will a) create awareness, provide		
			guidance, information on		
			rehabilitation for alcohol/ drug		
			addicts, b) provide knowledge on		
			sexual and reproductive health, and		
			c) on career guidance, as needed.		

Jowai - Govt	17th Apr	Some students in this school are from faraway places, and have	Clubs will be established to guide	Starting from	These activities will
Boys School	2023	rented a space in Jowai.	and counsel students and other	project	be mainstreamed
Class 7-3		Career: Students have career goals which they learnt about from	adolescents on career matters,	implementation	and will be
Class 8-3		books, elders, etc. The class 12 students had a better aspiration	mental health, substance abuse,		continued even
Class 9-3		mapping.	reproductive health, etc.		after the project by
Class 10-3		Dropout: Many of the boys had friends who dropped out. Reasons			concerned
Class 12-1		are academic failure, nuisance in school smoking, depression,	As part of the project, mapping of		departments
boy; 3 girls		financial constraints. Later the boys were involved in petty crime.	skills and available opportunities		
		Mental Health: They get stressed up with studies because of fear of	and avenues will be added to duties		
		examinations. Some other reasons include illness in the family,	of the grass roots staff such as		
		family issues, such as a broken family and financial constraints. They	Youth Facilitators (Fellows), Health		
		come over the stress with regular prayers.	Counsellors, etc.		
		Substance Abuse: They have some friends who smoke and drink.			
		They do encourage them to smoke and drink and sometimes they	Youth Facilitators (Fellows), Skill		
		too admit smoking and drinking. During celebrations, picnics,	Coaches, Health Counsellors and		
		trekking the boys are mostly engaged in alcohol and smoking. In	Peer Leaders, through these clubs		
		some cases, parents are aware of such activities of their children,	will a) create awareness, provide		
		Reproductive Health: Boys are not so aware of puberty and for few	guidance, information on		
		kids they were taught by elders, siblings and parents. And girls are	rehabilitation for alcohol/ drug		
		taught by their older sisters about periods.	addicts, b) provide knowledge on		
		Sexual Activity: They share their secrets about relationships with	sexual and reproductive health, and		
		their friends. They heard about condoms. They want to speak to	c) on career guidance, as needed.		
		their parents about sex but they are not sure how to bring it up as			
		they are not close to them.			

8.2 Annexure 2 Consultation Photographs



Consultation with Non-tribals (Parents and Students Class 8^{th} & 9^{th})at Phnthorumkhrah



Consultation with Drug/alchol addict/ Sexual and Gender Minorities at MANBHA Foundation



Consultation with Department of Health & Family Welfare, Skill Development and Sports and Youth Authority at Shillong



Consultation with District Health Officer/ RKSK Coordinator/ RKSK Counsellors at Tura



Rongrengre Higher Secondary School (Class $10^{\text{th}}\,11^{\text{th}}$ and 12^{th}), Williamnagar



Green Yard Higher Secondary School (Class 8^{th} and 9^{th}), William Nagar